

Social Sciences
Individual and Family Living
HIF 10

Course Description:

This course explores the challenges faced by all people: how to meet basic needs, how to relate to others, how to manage resources, and how to become responsible members of society. Students will acquire knowledge and skills that are needed to make the transition to adulthood. Teachers will instruct students in developing interpersonal, decision-making and practical skills related to daily life. Students will explore the functioning of families and the diversities found among families and within society.

Essential Outcomes:

Strand # 1: Self and Others

- Outline key aspects of physical, intellectual, social, emotional and moral development in adolescence (e.g. intellectually, adolescents are developing the ability for abstract reasoning).
- Distinguish between effective relationships and ones that are emotionally, psychologically, or physically abusive, and identify resources and strategies for dealing with abusive relationships.
- Analyze adolescents' growing independence and responsibility to family members, and their responsibility to contribute to family efforts to meet food, clothing and housing needs.
- Evaluate household safety in terms of fire and other hazards, and outline the importance of smoke detectors, carbon monoxide detectors, fire extinguishers and the safe use of equipment.

Strand # 2: Personal and Social Responsibilities

- Demonstrate appropriate speaking and listening skills for a variety of situations (e.g. active listening, classroom discussion, job interview).
- Demonstrate negotiation skills needed for home, school, peer and work relationships.
- Demonstrate appropriate responses to harassing or abusive behaviour

- Demonstrate individual and collaborative problem-solving skills for home, school and peer situations (e.g. organizing a group project, responding to peer pressure).
- Demonstrate practical skills required for meeting their own and their family's food, clothing, health and security, and housing needs.
- Identify part-time work and occupational opportunities that support the needs of families by using resources such as CD-ROMs, the Internet, and supermarket bulletin boards.

Strand # 3: Social Challenges

- Analyze the impact of a variety of changes on individuals and on peers and family relationships and lifestyle (e.g. divorce, child-custody arrangements, new technologies).
- Apply strategies for managing time to achieve individual, family, and group goals.
- Describe strategies for acquiring money, including summer employment, and for managing their own money to meet financial and personal goals (e.g. buying a bike, paying for college).
- Use technology available for household purposes for activities that meet the needs of individuals and families (e.g. download a recipe from the internet).
- Describe the role of employment and income in enabling families to perform their functions.
- Describe the behaviour expected of students in summer jobs.
- Describe strategies for making informed and responsible consumer decisions (e.g. comparison shopping, reading labels, checking warranties, handling complaints).
- Demonstrate the ability to conduct a thorough investigation before making a large purchase.
- Identify consumer agencies that handle complaints about defective goods.
- Demonstrate an understanding of financial responsibility (e.g. banking, saving for purchases, long-term savings, managing debts).

Strand # 4: Diversity, Interdependence and Global Connections

- Identify the universal basic functions of families (e.g. protection of children, socialization of children, division of labour) and their effects (e.g. developing loyalty, commitment, discipline, creating a sense of belonging).
- Compare various personal, societal, and cultural beliefs about individuals and the functions of families.
- Define terms and describe diverse family forms and relationships (e.g. nuclear, blended, single-parent families, foster care, adoption, sibling relationships).
- Describe the impact of diversity in families on specific aspects of family lifestyle (e.g. food habits, assignment of chores, curfew).

Strand # 5: Social Science Skills

- Analyze a family studies issue by making research notes from appropriate sources of information in various media, including books, periodicals, television, videotapes, and the Internet.
- Organize, interpret, and communicate the results of their inquiries using a variety of methods.
- Write a research report on aspects of individual and family.
- Demonstrate collaborative problem-solving, conflict-management, and planning skills (e.g. responsibility of each member to carry his or her own weight, task analysis, division of labour, time-management).